

AFS-TEX[®]
ANTI-FATIGUE SYSTEMS



Active products for the office, home office & home





As more and more people are working from home, and also working extended hours, it is essential that exercise is not neglected.

As more and more workplaces are becoming restricted, it is also essential that aspects of the fitness studio are brought into the office
- to help fight the negative effects of a more sedentary lifestyle.

AFS-TEX[®] products are designed to relieve the strain of prolonged standing or sitting with a prime mix of body support, comfort and micro-movement inducing features.

Movement helps stimulate blood flow and increases the body's metabolism, bringing significant health benefits into your workspace.

The AFS-TEX[®] Active range makes 'working exercise' spontaneous and subconscious; strengthening the body's core and aiding long term performance - while also providing superior fatigue relief.



AFS-TEX[®] 2000

Padded comfort with extra support. Visual cues printed on the mat surface act as a reminder to move regularly – to further reduce fatigue.

Range of sizes and colors.

Suitable for use in the workshop, office, retail and home.

16" x 24" (40 x 60cm)
20" x 32" (50 x 80cm)



Our expert ergonomic designers have built **active mats** to make exercises spontaneous and subconscious – you keep doing them all day, without thinking – and this is the secret that makes AFS-TEX[®] mats so remarkable.

AFS-TEX[®]



AFS-**TEX**[®] 2000_x

Compact anti-fatigue mat, perfect for smaller work spaces. Features raised foot massage pods and a recessed area for leg stretching.

Recommended for users under 5'6", young people and children.

Compact
16"x 24" (40 x 60cm)



Much more than just standing mats.
AFS-TEX[®] Active Anti-Fatigue Mats are ergonomically designed to
encourage micro-movements.

These increase metabolism and improve blood
circulation for superior fatigue relief.

AFS-TEX[®]



AFS-TEX[®] 2000_x

Features raised pods and curves to massage feet and encourage micro-movement. With a cut out for foot and calf stretching.

Recommended for use in kitchens, workshops, offices and the home

Regular
20"x 32" (50 x 80cm)





All AFS-TEX[®] products have a unique built-in
anti-microbial ingredient which will not wash off or wear away

AFS-TEX[®]



20"x 39" (50 x 100cm)

AFS-**TEX**[®] 3000

Extra-depth anti-fatigue mat with a premium combination of comfort and support. With curl-proof bevelled edges, an anti-slip base for safety, and a woven surface for warmth.

Recommended for use in the home, workshops and kitchens.



AFS-TEX[®] mats help you **stand comfortably**, for longer.

Trials of **standing desks in schools** have been linked to a decrease in disruptive behavior and an increase in student attentiveness.

(Texas A&M University Research)

AFS-TEX[®]



20"x 39" (50 x 100cm)

AFS-**TEX**[®] 3000_x

Deluxe anti-fatigue mat with optimum support and tactile comfort. Debossed features provide foot massage and promote movement for extra fatigue relief.

Anti-slip base and contoured curl-proof edging ensures stability.



20"x 30" (50 x 76cm)

AFS-TEX[®] 4000_x

Designed specifically to use with standing desks, the compact ergonomic design of this mat offers exceptional fatigue relief.



It combines massage features, stretch areas and an uneven surface to encourage spontaneous micro-movements.

Ideal for compact spaces and for users under 5'6".



A standing desk helps you stand more.
AFS-TEX[®] mats help you **stand better.**

AFS-TEX[®]



AFS-TEX[®] 5000_x

Ergonomic mat for standing deskers, the curved surface, massage pods and stretch bar help you stand comfortably for much longer.

26"x 36" (66 x 90cm)

AFS-TEX[®] 5000s_{2s}

Working in unison with one of the world's highest performing chair mats, this specifically designed combination provides the ultimate active anti-fatigue solution for sit-to-stand deskling.

Ultimat Chair mat 38"x 62" (96 x 157cm)
5000 Anti-fatigue mat 26"x 36" (66 x 90cm)





Frequently changing your working position, from sitting to standing, improves blood circulation.

Regular movement reduces the fatigue, aches and pains that you may associate with standing or sitting for long periods.

A product that allows you to sit or stand while working and provides you with **superior ergonomic advantages** while you do either, is what the AFS-TEX[®] design philosophy is all about.

AFS-TEX[®]



AFS-**TEX**[®] Dynamic

Based on research into the benefits of fidgeting, this active footrest is designed to be difficult! It massages, rolls and wobbles underfoot, which means you have to keep it under control.

This activity helps you make the most out of sitting at work and leisure, and when not being moved, it can be used to elevate feet and rest the legs.

16.5"x 7" (42 x 18cm)



Sit without being sedentary!

Conscious and subconscious foot and leg movements increase your blood circulation when sitting, which may also increase your metabolic rate.

Raising your feet off the ground **alleviates pressure** on your lower back and encourages better posture.

AFS-TEX[®] Active Platform

The ultimate anti-fatigue mat for active workplaces. Ergonomically designed to fight fatigue through movement.

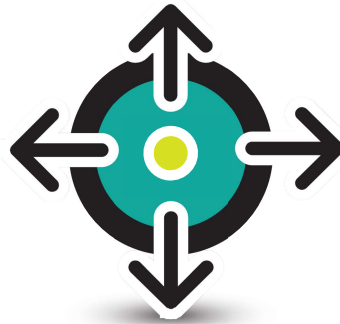
The padded and supportive mat has deep contours combined with a unique curve in which massage roller balls (included) can be used to move legs and massage feet.



20" x 32" (51 x 81cm)



This mat has it all – it looks amazing, provides incredible anti-fatigue performance and gives unlimited foot massages!



To maximise the significant benefits of stand-up working, **regular movement and stimulation** helps you negate the downsides of standing for longer periods.

AFS-1EX[®]



23"x 67" (58 x 170 cm)

AFS-TEX[®] 6000x

Designed for larger areas or areas where regular lateral movement is required.

Perfect for more hard wearing environments. A super-durable leather effect PVC outer layer combined with a multi-ribbed contoured surface providing tactile massage relief.

Great for heavy traffic areas, reception desks, store locations or warehouses.





Workspaces and occupations that require you to stand up for most of the day, can not only have a negative effect your body, they can induce mental fatigue.

AFS-TEX provides standing mats that will give you the correct combination of body support and comfort, helping to **improve concentration and well being.**

AFS-TEX®

The image shows two large, black, inflatable exercise balls. One ball is on the left, partially cut off by the frame, and the other is on the right, fully visible. Both balls have a segmented, ribbed design. In the top right corner, there is a yellow decorative element consisting of a circle and a triangle.

Two size options:

25" (65 cm) diameter

30" (75 cm) diameter

AFS-TEX[®] Active Balance Ball

Keep moving while sitting!

The gentle instability of the Active Balance Ball makes you move and use your core to maintain a sitting balance.

Core muscles are key in maintaining a healthy spine and body posture. Movement stimulates circulation and blood flow, reducing fatigue and providing exercise even while sitting down.

Great for the home and the office!



Having to maintain your balance and posture while sitting for long periods stimulates your core muscles.

This gentle effort helps **improve core strength**, induce movement and reduce fatigue.

Exercise while sitting down! - at home or in the office.

AFS-1EX[®]



It is well documented that standing more has a **positive impact** on your physical health – and sitting less has recently been linked to improved mental wellbeing, increased concentration and productivity.

Our designers work hard to create the very best ergonomic **solutions to discomfort** caused by standing for long periods.

AFS-TEX[®]



20"x 14" (50 x 35 cm)



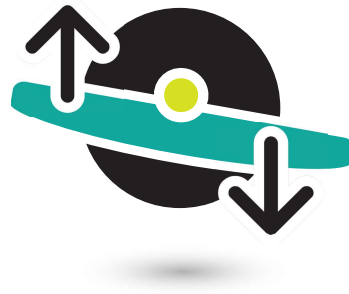
AFS-TEX[®] Active Balance Board

Gentle movement and balance while standing!

Helps improve posture, circulation and core strength while reducing fatigue.

Can be used with standing desks while working or around the home for exercise and circulation stimulation. Balance boards are also used in fitness studios and gyms to train and work important core muscles.

Bring the gym to your home or workspace!



As more and more people are **working from home** and working extended hours, it is essential that exercise is not ignored.

AFS-TEX[®] products allow you to **exercise while working**.

AFS-TEX[®]



13" (33 cm) diameter



AFS-TEX[®] Active Balance Disc

Keep active while sitting!

The ideal tool to strengthen and work the lower core, glute and leg muscles while sitting down. Maintaining balance and sitting in an upright position also helps to improve focus and concentration.

Great for maintaining core fitness, posture and reducing feelings of fatigue at home or at work.



Active products that traditionally have been confined to the fitness studio and gym, must now be modified and made suitable for use in the **home or office**.

Wherever you work, AFS-TEX[®] has the answer to fighting the negative effects of a sedentary lifestyle.

AFS-TEX[®]



The design origins of the AFS-TEX® range

Born from research into the serious health implications of prolonged sitting, and the rise in standing desk culture, the design team at Floortex® recognized that standing for long periods also has uncomfortable downsides.

When considering how they might make standing better for standing desk users, the team explored and found the ideal material to use for active anti-fatigue mats, one which is supportive, tactile and comfortable, while allowing a controlled range of movement.

Further development of this material included a unique anti-microbial ingredient, added in to protect every product from microbial deterioration.

Our designers developed the distinct product shapes, features and embellishments that help activate the user into making micro-movements.

Research shows that these movements help to provide superior fatigue relief. They also induce the kind of exercise that allows us to maintain fitness and wellbeing within the workplace - at home or in the office.

The unique shapes and features make the AFS-TEX® range so characteristic, but it's the comfort, physical and mental benefits that our users remember.



Put a smile
on your feet.

AFS-TEX[®]
ANTI-FATIGUE SYSTEM

www.afs-tex.com



